



CHIROPATIQUE
NOTRE-DAME

Dr Annette Bourdon

DC CHIROPRACTOR

CONTACT

514 931-6342
514 814-5546

chiropratiquenotredame.com

annettebourdon@videotron.ca

GUEST SPEAKER

Quest Alliance
Chiropractic Leadership Alliance
Chiropractic Speakers Event
Knights of Columbus

ARTICLES

Primary Care Magazine - Fall 2018
Toronto Sun - August 2012
Canadian Living - October 2011
Canadian Living - June 2011
Glow - May 2011
Glow - May 2010
Canadian Health - Spring 2009
Homemakers - April 2009

EDUCATION

DOCTOR OF CHIROPRACTIC DEGREE

CANADIAN MEMORIAL CHIROPRACTIC COLLEGE
Graduating Doctor of Chiropractic 1985
Canadian Board exams 1985
Quebec Board exams 1985

BACHELORS MAJOR BIOLOGY

1979 - 1981

UNIVERSITY OF WINNIPEG
60 credits completed towards a B.Sc., Major in Biology, Double
Minor in Chemistry and Psychology. GPA 3.7

SECONDARY

1973 - 1979

NORBERRY COLLEGIATE | DAKOTA COLLEGIATE
Norberry Collegiate - Completed grades 7 - 9 with honors
Dakota Collegiate - Completed grades 10 - 12 graduating with
honors

LANGUAGES

Spoken:
English, French, Spanish

Written:
English, French

POST GRADUATE PROFESSIONAL COURSES

Renaissance 1985 - 1987
Motion palpation: Cervical, Lumbar and Extremities 1986 - 1988
Ten Strategies (Dr. Guy Reikeman) 1988 - 1990
Pierce Results Seminar 1988 - 1992
Activator Methods, Advanced Proficiency Rated 1990 - Present
Public Speaking Training 1990/1993 - 1996
Quest Leadership Alliance (Dr. Guy Reikeman) 1990 - 1998
Parker / D.E / Dan Murphy / Greg Stanley seminars
Mentor Program (Dr. Joe Flesia) 1989 - 1990
Chiropractic Pediatric Program (12 month Program)
Chiropractic Orthopedics (LACC) 3/10 courses 1992
Canadian Society of Association Executives Governance Summit
2007
Certification in Computer-assisted Multiple Percussion Variable
Frequency Adjustment Technique (Sigma Instruments) 2011
BCIA (Biofeedback Certification International Alliance) General
Biofeedback Course 12 month/50 hour 2017 - 2018



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PROFESSIONAL INVOLVEMENT

Private Chiropractic Practice 1985 - Present

Chiropractor of elite professional athletes and Olympians

Chiropractor for the Montreal Expos of Major League Baseball, 1997 - 2004

Member of the Disciplinary Committee for the Quebec Order of Chiropractors 1988 - 2007

Examiner, Practical Skills Assessment, Canadian Chiropractic Examining Board, 1999 - 2002

Director, Board of Directors Canadian Chiropractic Examining Board, 2002 - 2011; President from 2003 - 2008

Director, Board of Directors of the Canadian Chiropractic Protective Association, 2007 - Present. Vice-President, 2014 - Present

National Spokesperson, Canadian Chiropractic Association since 2008, quoted in publications such as Canadian Living, Homemakers, Canadian Health and Lifestyle, Glow, Toronto Sun and Good Times

Treasurer for SIRDEC (Society for information, research, development and education in Chiropractic) 1988 - 1990

Team teacher/Seminar speaker for the Quest leadership Alliance 1993 - 1997. (practice management, patient education; team building, personal growth, integrity)

Team teacher/Seminar speaker for the Chiropractic leadership Alliance 1997 - 1998. (Practice management, patient education; team building, personal growth, integrity)

Girl guides of Canada 1981 - 1991 (program coordinator and pack leader)

Organized and coordinated Chiro-picnic Fundraiser for the Chiropractic Basic Research Foundation 2002

Canadian Chiropractic Association Strategic Plan Committee 2006

Candidate Selection Committee for Admissions to Canadian Memorial Chiropractic College, 2018 - Present

Beaconsfield Golf Club House Committee 2010 - 2012



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MEMBERSHIPS

President's Club of Palmer College of Chiropractic, Emerald
Sponsor for the Chiropractic Centennial Celebration,
Sponsor for the Centennial Chiropractic Documentary 1994
Chiropractic Basic Science Research Foundation 1988 - 1990
SIRDEC (Society for Information, Research, Development and
Education in Chiropractic) 1986 - 1991
Ordre des Chiropraticiens du Quebec (OCQ) 1985 - Present
Association des Chiropraticiens du Quebec (ACQ) 1985 - Present
Canadian Chiropractic Association (CCA) 1985 - Present
Benefactor CMCC Capitol Campaign, 2004 - Present
Alumni Member CMCC 1995 - Present
Governor's Club CMCC 2005 - Present
Canadian Chiropractic Historical Association 2005 - Present
Whitlock Golf and Curling Club 2018 - Present

PERSONAL GROWTH SEMINARS

Fear Into Power Anthony Robbins Fire Walk 1993
Peaceful Warrior (5 day intensive) Dan Millman 1995
Personal Integrity (5 day intensive) Dr. Guy Reikeman including
high ropes course 1994 & 1996
Total Solutions (4-day intensive) Dr. Pat Gentempo, Dr.
Frank Sovinsky, Dr. Tony Palermo, including
high ropes course and rock wall climbing 1998



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EXTRA-CURRICULAR COURSES

YMCA Leadership Program (Swimming) 1973-1975

YMCA Camp Counselor Certification 1977

Bronze Medallion Lifesaving 1976

YMCA Instructor Certification (Swimming) 1978-1979

Private music lessons (Flute) 1974-1981

Wine Appreciation course, Levels 1&2, Societe des Alcools du
Quebec 1991

Photo Reading 1992

EXTRA-CURRICULAR ACTIVITIES

Past:

Volleyball, Basketball, cross-country, Curling

Coach of a Junior High School Basketball Team 1977 - 1979

President Graduation Committee 1978 - 1979

Debating Team 1978 - 1979

High School Band 1977 - 1979

Music Liturgy Christ the King Parish 1976 - 1981

Present:

Weight training, Pilates, Golf, Curling, Skiing, Gardening, Church
Choir, Cooking, Entertaining, Reading, Spanish classes